

# Veterans

## Everything You Need to Know About PTSD and TBI

*Presented by (VAAC) Veterans Affairs Advisory Committee of Manalapan*



Family support and a collaborative approach to identifying and treating Post Traumatic Stress Disorder and Traumatic Brain Injury are crucial for both physical and mental health. The Veterans Affairs Advisory Committee (VAAC) of Manalapan and speaker, Vietnam Veteran Charles Wuth, MSW, LCSW, will offer general information about PTSD and TBI for veterans and families. Causes and symptoms, the best scientific research, overcoming stigma and shame, and getting the treatment needed will be discussed.

*This program is co-sponsored with Manalapan Township and the VAAC, who have created the Center for Veterans at Manalapan to help veterans - from any era - and their families readjust to civilian life and deal with any lingering issues from their deployment.*

**FREE PROGRAM**

**Monday, October 21, 2019 | 6:00 - 8:00 pm**

**Monmouth County Library | H E A D Q U A R T E R S**

125 Symmes Drive, Manalapan, NJ 07726 732-431-7220x7222 [www.monmouthcountylib.org](http://www.monmouthcountylib.org)