Caregiver Volunteers of Central Jersey Veterans Outreach and Support













Who We Help – individuals over 60 years old, no longer driving, live in one of the municipalities we serve.

Services Available for Veterans and Their Families: (all FREE of charge)

- Door-to-door medical transportation in volunteer's car. All types of medical appts. once/ week except dialysis. Must be able to walk to car (can use walker, can have oxygen, no wheelchairs).
- Grocery shopping volunteer will shop for Veteran and drop off groceries (help put away if needed). Shopping done once every 2 weeks. Also volunteers can order groceries on-line for home delivery.
- Respite Care relief for Caregivers living with a loved one with dementia or other illness.
 Volunteer comes to house once/week for approx.
 3-4 hours to give Caregiver a break. Caregiver does not have to be over 60 years old, adult child ok.
- Vet to Vet "Buddy" Matches weekly in-home visiting & check-in phone calls.
- **Caregiver Canines** R in-home weekly visits with a certified therapy dog.

Contact us:



Caregiver Volunteers of Central Jersey www.caregivervolunteers.org info@caregivervolunteers.org

Ocean County Office: 732-505-2273 Monmouth County Office: 732-876-3900 Find us on Facebook, Instagram and Twitter